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PRAISE GOD!	He is Perfect, Upright and Pure. Praise Him as your Burden Bearer; your Helper. He is faithful, kind, patient and loving	Deut 7:6, Psalm 103:1, Psalm 63:1, 2 Samuel 7:22	
THANK HIM!	For His beautiful creation. His perfect love that casts out fear. That I'm never alone. For His provision of food, a home, a comfy pillow and bed to sleep on. For parents that love me. For good friends	Psalm 63:8, Psalm 45:11, Colossians 3:15, I Chronicles 16:34, Psalm 8:3-5	
PRAYING FOR THE DAY!			
Myself	Lord Jesus, go before me this day and bless it! Help me to be a Light for YOU. Lead me not into temptation. Help me to be strong in You and in Your mighty power.	Proverbs 3: 5-6, Isaiah 43:1,4, I Thess 5:17, Psalm 91, Eph 6:10	
Family and Friends:	Fill me with your Spirit to be kind and to serve my family and friends. Help me to be a good friend. Help me to speak words that are kind and helpful. Help me to show respect for all authority.	I Corinthians 13:4, I Peter 3:3-4, Proverbs 12:26, I Thess 5:11, Proverbs 27:9, Romans 13:1	
Confidence & Standing Firm:	Because of my relationship with Jesus, I am loved by God and have incredible worth in His eyes. Help me to know this in my core. Help me to know right from wrong – always choosing what is right. Standing firm against temptation.	Phil 4 12-13, Romans 15:13, Proverbs 31:25, Eph 4:14	
School work:	Help me to be diligent in all of my work and develop my gifts and talents!	Luke 12:48, Ephesians 4:7, 1 Peter 4:10, Phil 1:6	
Serving & Loving others:	No matter what others may say or do, help me see them the way you see them and love them the way you do. Help me to befriend those who are lonely and discouraged.	Matt. 5:15-16, Phil 2:3-4, I Tim 2:10, I Tim 4:12, Eph 4:31-32, Phil 2:4	

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CHANGING LIVES ONE WOMAN AT A TIME

PSALM 27: 1-3

The Lord is my light and my salvation - whom shall I fear? The Lord is the stronghold of my life -Of whom shall I be afraid?





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